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Date & Time: Location:



This evening is Co-Ed & Open to All

Was your coming-of-age empowering? Or is there a knot in your stomach when you think of your adolescence?

Since most **women** were never welcomed into womanhood, many consider their periods "nuisance," "bother," or "the curse." For **men**, the lack of a significant Rite-Of-Passage often translates into different "curses" in their lives.

An evening of inspiration, that will provide you with steps for healing discomforts from your adolescence, and inspire you to create a different experience for today's youth!



With DeAnna L'am -

Author of Becoming Peers – Mentoring Girls Into Womanhood and of A Diva's Guide To Getting your period. Founder of Red Moon School of Empowerment for Women & Girls. <u>www.deannalam.com</u>

\$15-\$25 sliding scale (FREE to Our Daughters, Ourselves participants)

For additional information & to RSVP contact: